

# Aletha Lang

Fort Worth, TX 76123

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I'm a very Sensitive and Compassionate caregiver with over 10 years experience and over 5 years of Med Tech Experience working in the healthcare industry. I'm very passionate about elder care, I'm skilled at managing schedules and keeping clients as active as possible. Culturally sensitive with the ability to provide both physical and emotional support to a client. CPR certified  
Authorized to work in the US for any employer

## Work Experience

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### Care Partner Lead

Bethesda-Fort Worth, TX

September 2023 to Present

- To ensure that each resident receives care appropriate to their individual needs.
- To lead by example and act in accordance with the policies and procedures of the home.
- To support the management team in the supervision, guidance and support of the care team

### Med Tech

Truewood By Merrill-Fort Worth, TX

October 2021 to Present

- Record and monitor vital signs
- Communicate with staff and family member
- Participate in care planning
- Provide basic wound care

### Med Tech

Heritage Assisted Living & Memory Care-Fort Worth, TX

Present

- Administer medication at giving time
- basic wound care
- blood pressure check
- weight check
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### Med Tech

THE GRANDVIEW OF CHISHOLM TRAIL-Fort Worth, TX

June 2017 to September 2021

- Assist with daily activities
- Performing basic medical check ups
- Providing patient care
- Record and monitor vital signs

**Resident Assistant**

Heritage Assisted Living-Burleson, TX

April 2014 to May 2017

- Helping Residents complete daily tasks
- Overseeing fun Activities
- Assisting residents in eating, bathing or doing chores
- Maintains care records for facility

**Caregiver**

RIDGLEA COUNTRY CLUB-Fort Worth, TX

January 2011 to March 2014

- Companionship
- Assist residents with activities of daily life
- Light housekeeping
- Allow and encourage residents to do as much of their own care as possible

**Customer Service Representative**

PRA Group-North Richland Hills, TX

January 2010 to March 2014

- Collect non performing loans
- Returns capital to banks and other creditors
- Receiving and making inbound and outbound calls

**Care Partner Lead**

Bethesda Senior Living

## Education

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**High school diploma**

Northside High School - Fort Worth, TX

January 2004 to August 2008

## Skills

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- Cash handling
- Customer service
- Cleaning
- Serving
- Hotel experience
- Retail sales
- Food service
- Computer skills
- Restaurant experience
- Microsoft Office

- Management
- Cooking
- Custodial experience
- Restaurant management
- Supervising experience
- Front desk
- Stocking
- Caregiving
- Senior care
- Assisted living
- Memory care
- Dementia care
- Alzheimer's care
- Home care
- Vital signs
- Tube feeding
- Catheter care
- Medication Administration
- Laundry
- Hospital Experience
- Patient Care
- Food Preparation
- Meal Preparation
- Restaurant experience
- Cash handling
- Hotel experience
- Resident's rights
- Vital signs
- Serving
- Cooking
- English
- Expert

## Certifications and Licenses

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### **CPR Certification**